



PACIFIC STORM WATER POLO

Presents:

U14 Girls' pre-Christmas Water polo Training Camp 2011

For Who: Girls born in 1998-2002
When: Saturday Dec. 17th 9:30am -1:00pm Vancouver Aquatic Center
5:30 - 8:30pm CCAC (Coquitlam)
Sunday Dec. 18st 9:30am - 1:00pm Vancouver Aquatic Center
1:00pm - 2:30pm Classroom Session
7:30pm - 10:00pm CCAC (Coquitlam)

Total Training Camp Hours include 10 hours of pool time & 3 hours of dry land

Cost: Only \$85/athlete (Includes T-shirt)

This camp is suitable for girls of all skill levels and swimming abilities, from beginners to players who are already participating in the Lower Mainland Water Polo League.

In addition to learning new skills, athletes will have an opportunity to meet some of BC's top female athletes, coaches and referees who will share stories, medals, pictures and more about their water polo experiences.

The Camp will be run by experienced & professional coaches, assisted by Storm alumni including but not limited to the following:

Camp Staff

Susan Gardiner- Camp Head Coach - 2 time Olympian with over 10 years on the Canadian National Team.
Former Head Coach, Pacific Storm Women's program

James Gardiner - Former Head coach for Pacific Storm women's program, U18 Girls National Head coach for 2 yrs

John Stockdale-one of the most experienced water-polo coaches in Canada, over 35 years, mostly coaching girls programs. A driving force behind Canadian Girls achieving NCAA Scholarships

Kalee Harris- Head Women's Coach of Pacific Storm Water polo Club

Athina Vazeos - U18 Girls Head Coach for Pacific Storm Water Polo Club

Jay Thompson - U14 Girls Head Coach for Pacific Storm Water polo, former National mens team member

Dorothy Berwick BSc. MPT - Physio Therapist-currently works at North Shore Sports Medicine Clinic at the North Shore Winter Club

Aly Boyle BA. - Dietician - currently works at BC Children's Hospital .

Candice Phillippe- currently plays on a NCAA Water-polo scholarship at Arizona State University

Allison Campbell- currently plays on a NCAA Water-polo scholarship at University of Maryland

Kelly Stewart-currently plays on a NCAA Water-polo scholarship at San Jose State University

Kirsten Mase-currently plays on a NCAA Water-polo scholarship at University of California Berkeley

Molly Gritchen-currently plays on a NCAA Water-polo scholarship at Cal Baptist University

Meghan Lappen - Currently plays on a NCAA Water-polo scholarship at the University of Indiana

Christina Kouvousis-currently plays on a NCAA Water-polo scholarship at San Jose State University

**Registration is limited so don't delay!
Deadline to register is Friday, December 9th.**

Please complete the attached registration form & enclose payment as indicated.