



## **Curtis Christopherson**

Storm years. 1996-2006

### **What storm has done for me**

“The Storm water polo program provided me with the tools and guidance to be successful in not only sport but in life. It proved to be a catalyst for positive growth & opportunity as I progressed to the National team program and was fortunate to travel and meet people across the nation. The experience taught me the importance of time management, work ethic, team

work, and the relentless drive necessary in achieving one’s goals – and to this day I reap the rewards from this knowledge.”

### **Outside the Water**

In 2003, **Curtis Christopherson** came screaming onto the health and fitness scene as a professional training coach. A Simon Fraser University graduate and a former member of the Canadian National Water Polo Team, he is no stranger to rolling up his sleeves and diving into hard work. Since then, Curtis has gone on to become the General Manager of Innovative Fitness after he opened the first Innovative Fitness franchise in White Rock, British Columbia and has been recognized by his community as the recipient of the Business Excellence Award for his community contributions and impact.

Some of his athletic accomplishments include: 8 National Water Polo Championships, the 100km Del Sahara desert run, 2 Half Ironmans, and a number of marathons in locations such as Vancouver, New York, and Honolulu. Curtis is also an avid outdoorsman and has achieved adventure race podium finishes and tackled international hikes such as the West Coast Trail in a single day in addition to Machu Picchu and Mt. Kilimanjaro. In 2007, Curtis was a part of a team of 6 riders that rode their bikes from Halifax to Vancouver in 7 days to raise 1 million dollars for the Juvenile Diabetes Foundation “JDRF” & then repeated that in 2010 when he was a part of a team of 4 riders that rode their bikes across Australia in 6 days to raise an additional \$300,000 for JDRF. To date, Curtis has been directly involved in raising over \$2.5million dollars in just over 4 years.